

Seamen's Center of Wilmington Knitting Instructions

- Materials:** 4-ply worsted weight yarn – 3 ounces make 1 cap
Needles: Pair No. 6
Wool needle for joining seam and crown.
Gauge: *Important – check gauge!* 5 sts = 1”; 7 rows = 1” (Garter Stitch)

WATCH CAP

- Border of Cap:** Cast on 84 sts. K2, P2 for 4 inches.
Body of Cap: Knit even for 40 rows (20 ridges).
To Form Crown: *K10, K2 together, repeat from * across – leaves 77 sts. Knit back even.
*K9, K2 together, repeat from * across – leaves 70 sts. Knit back even.
*K8, K2 together, repeat from * across – leaves 63 sts. Knit back even.
*K7, K2 together, repeat from * across – leaves 56 sts. Knit back even.
*K6, K2 together, repeat from * across – leaves 49 sts. Knit back even.
*K5, K2 together, repeat from * across – leaves 42 sts. Knit back even.
*K4, K2 together, repeat from * across – leaves 35 sts. Knit back even.
*K3, K2 together, repeat from * across – leaves 28 sts. Knit back even.
*K2, K2 together, repeat from * across – leaves 21 sts. Knit back even.
*K1, K2 together, repeat from * across – leaves 14 sts. Knit back even.

You now have 14 stitches remaining on needle. Knit back even to middle of row.

- To Join Crown:** With half the stitches on each needle, break yarn - leaving a 18” length and thread into wool needle. Fold cap so that both needles are even and parallel (one in back of the other), with free yarn extending from right-hand end of back needle (or the one farthest from you). While working always keep yarn under knitting needles. Weave sts from front and back needles together with Kitchener stitch, or as follows: (This easy method makes garter stitch pattern.) Start on front needle. *Pass wool needle through first st on knitting needle (enter from left to right) as if to knit. Slip st off needle. Pass through second st on same needle (enter from right to left) as if to purl. Pull yarn through but leave on needle. Repeat from * on back needle. Weave sts together alternating from front to back until all sts are off needles. Pull yarn through and fasten securely, leaving extra length to sew up seam.
- To Sew Seam:** Place edges of cap adjacent to each other, pattern matching. Secure edges with safety pins. Picking up outside loop of stitch from each side, sew back and forth, drawing two edges securely together from top of crown to bottom of cuff. *Do not sew through double thickness. Do not block cap.*

EASY SCARF

1 scarf takes 4 – 1/2 ounces. Completed scarf is approximately 6-1/2” wide and 46” long. Cast on 32 sts with medium tension. K even for 14 inches. K4, P4 for 18 inches. K even for 14 inches. Bind off with medium tension.